



Real Health Medical

BRAIN AND ADDICTION RECOVERY PROTOCOL

Get Your Life Back ~ Restore Your Health ~ Stay Drug Free

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Assessment of Goals to Begin Recovery Program:

Are you ready to be free of addictive medications and drugs?

Are you ready to be free of cravings?

Are you ready get your life back, restore your health, and be drug free?

Are you ready to think clearer, sleep well, improve your energy ?

All of these are POSSIBLE.

The Brain and Addiction Recovery Protocol ASSISTS you in achieving success in each of these goals.

Brain & Addiction Recovery Protocol

Detoxification:

Prescription Medications, Recreational Drugs and Alcohol

Correcting:

Brain Chemistry through Nutritional Bio-Chemistry

Resolving:

Physical, Emotional, Spiritual, and Traumatic Triggers to Addiction

Successfully Treating:

Addiction, Cravings, Anxiety, Depression, Insomnia, and

Get your life back ~ Restore your health ~ Be drug free!

Program Description

Phase I - Outpatient Clinic Therapy

The Brain and Addiction Recovery Protocol is designed to address symptoms related to the changes in the body related to addiction:

- Altered brain function and neurotransmitters imbalances
- Cravings and symptoms related to addiction
- Nutritional and hormone deficiencies

The Brain and Addition Recovery Protocol is an outpatient treatment program that consists of corrective nutritional and detoxification therapies:

- IV therapy - amino acids, B vitamins, glutathione, B3, NAD
- Oral nutritional supplementation
- Amino acid - neurotransmitter balancing
- Laser detoxication and activation therapy
- Oxygen therapy
- Balancing bio-identical hormone therapy - adrenal, thyroid, sex hormones
- Trauma and emotional release
- Medical sauna therapy

IV Nutritional and Detoxification Therapy

The IV therapy allows delivery of relatively high amounts of nutrients in order to "bathe" the altered and damaged nervous system in the nutrients needed to stimulate or promote the detoxification and corrective process.

Not only are nutrient deficiencies corrected, but nutrient levels are optimized to promote the optimal neurotransmitter levels, brain function, and overall health.

Specific formulas are determined based on each patient's history.

The treatment is outpatient and requires full days in the clinic.

Clients who are currently using a single medication or drug, or lower dosages of medications and recreational drugs will typically need only 7 days of treatment.

Clients who are currently using multiple medications or higher dosages of addictive medications or recreational drugs can require additional treatment days (total of 8 - 12).

Clients are directed to stop taking all relevant drugs the day treatment starts (if they have not stopped already), except for methadone which is gradually weaned over 2-3 days.

These therapies help to resolve addiction and improve overall health in the following ways:

- Brain function, energy, mood, and sleep
- Resolve cravings for addictive substances.
- Balance brain chemistry (neurotransmitters)
- Detoxify the chemical residues of drugs
- Improve and restore biochemistry in the body
- Stimulate repair of damaged areas of the brain



Assurance of Safety and Effectiveness

Various aspects of this protocol have been used successfully for many years and in many clients. We have integrated these therapies into one comprehensive **Brain and Addition Recovery Protocol** for the greatest effectiveness.

No major adverse or side effect have been observed.

The minor symptoms of nausea, stomach upset, or chest pressure can be alleviated when the IV rate is adjusted appropriately.

Withdrawal Symptoms

Clients experience only mild detox and withdrawal symptoms, and traditional medications or nutritional / natural remedies are used to prevent and control symptoms. The overall level of intensity of the withdrawal symptoms is thought to be reduced by 50% by the protocol.

Expectations in Improvement and Benefits

Cravings usually resolve in 1 - 4 days.

By the end of the treatment period, most clients notice calmness, mental clarity, improved sleep and energy, and elimination of depression and anxiety.

NEGATIVE Long Term Effects of Medications / Drugs

Neuropsychiatric medications and recreational drugs do alter brain chemistry and neurotransmitters levels.

These substances can result in or worsen neurological, cognitive and psychological conditions such as emotional emptiness, cravings, withdrawal symptoms, difficulty in thinking and memory, fatigue, anxiety, depression, OCD, ADD and insomnia - even after the medications and drugs are no longer used.

Untreated, these medications and drugs can result in life-long side effects and may increase the risk of cognitive (memory, ADD) and emotional disorders (depression, anxiety, panic disorder) and neuro-degenerative conditions (dementia, Parkinson's)

POSITIVE Long Term Effects of the Brain / Addiction Recovery Program

Correct the imbalances in brain chemistry and neurotransmitter imbalances

Prevent the long term side effects of neuropsychiatric medications and recreational drugs

Phase II - Maintenance / Prevention

The maintenance part of the protocol is designed to maintain the improved state of well-being, promote continued healing over months, and prevent recurrence of cravings.

Maintenance consists of oral nutritional supplements and IV boosters every month for 3 months.

Counseling and accountability on a longer term basis are indispensable for success.

Some clients will be advised to use medical sauna therapy to more thoroughly eliminate drug residues that have been deposited in the body.

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Contact Real Health Medical TODAY for more information.

We look forward to assisting you in your journey to Real Health.



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