



WIN
THE DAY
MASTERY

PHASE 1: WIN THE DAY



PHASE 1

To make changes in your life, the first thing you need to do is to make changes to what is controlling your **Auto Pilot**. This re-programming process takes **Months** not days. This is all about forming new empowering thoughts which will effortlessly allow you to form good **Habits**. Those habits will dictate your future and put you on a path of **Joy, Abundance** or **Fulfillment**. Most people's current habits create chaos, pain and destruction. Now that you have embarked on the Win The Day Mastery process you get to consciously choose your **Life's Target**.

Key To Powerful Affirmations

- ⦿ Start with the words "I Am"
- ⦿ Use in the present tense
- ⦿ State in the Positive
- ⦿ Keep it Brief
- ⦿ Make it Specific
- ⦿ Include an action word ending with "ING"
- ⦿ Include at least one empowering emotion/feeling word
- ⦿ Must be for yourself, not others





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AFFIRMATIONS

Affirmation Examples

I Am so proud I read my **Affirmations** twice a day.

I Am Grateful I **Read** daily.

I Am excited that I listen to **15 minutes** of a **Great Audio**, daily.

I Am closer to **God** and hear his voice daily.

Everyday I am getting **Healthier** and **Stronger**.

I Am Courageously showing my business to at least **1 Person** a day.

I Am so Grateful I am (**Achievement / Rank**) and I am earning (**\$\$\$/Amount**) per **Month** from my Business.

Money comes to me **Easily** and **Effortlessly**.

I Am a Leader and It's a tremendous blessing to have **20** new Customer/Partners per week joining my team.

I Am Excited that I have **50** Partners on my team attending **Major Trainings/Events**.

I Am a **Rank Up Master**.

I Am ecstatic that Money comes to me from all directions and **I Am** open to receive the blessings.

I Deserve Love and get it Abundantly.

I Am A Winner!



AFFIRMATIONS

Affirmation Examples

I Am abundantly flowing with positive **Productive Activities** that advance me closer to my goals and dreams.

I Am effortlessly Contacting and meeting **3** new people everyday.

I Am in Awe of the duplication **I Am** experiencing in my business.

I Believe I can be **All** that I Want to **BE**.

I Am so Grateful my **Residual Income** is greater than my residual bills.
Thank you, thank you, thank you

I Am so Joyful that my relationship with my (**Spouse, Kids, Family**) grows stronger and more vibrant daily.

I have the **Freedom** and **Power** to **Create** the life I **Desire**.

I Am so Proud I make **10 calls** per day to build my Worldventures business.

I Am so thankful I am earning **\$100K** per year with my Business.

I Am a **Master Entrepreneur** and always ready.

I Am Grateful I **Workout** Daily.

I Am Worthy of Making More Money.

I Am the **Architect** of my Own Life.

I Am A Winner!